



HealthyLine



# HELPS THE BODY HEAL AND RELAX

Hot Stone Therapy softens tense muscles, easing pain and spasms and bringing a feeling of peace and well-being.

Burning up  
to 900 calories



## NATURAL STONE HEATING THERAPY

# TABLE OF CONTENTS

THE TOP 20 MOST POPULAR BENEFITS OF A HEATED STONE MAT

THE TOP 30 MOST POPULAR BENEFITS OF INDIVIDUAL MAT COMPONENTS

THE 20 MOST COMMON MEDICAL CONDITIONS SAID TO BE AIDED BY THE USE OF  
HEATED STONE MATS

\*\*\*

HOT STONE THERAPY / FAR INFRARED (FIR) THERAPY / NEGATIVE ION THERAPY

PHOTON THERAPY / AMETHYST / JADE / TOURMALINE

References

\*\*\*

MAT COMPOSITION (LAYERS) / SPECIFICATIONS / STANDARD AUTO CONTROLLER

OPERATING INSTRUCTIONS / DURING USE / AFTER USE / CLEANING  
INSTRUCTIONS / CAUTIONS

WARRANTY

\*\*\*

CATALOG

\*\*\*

## NOTES:

- Our mats can be used for health benefits or for pure pleasure.
- We have best warranty in the industry. See the last page of this booklet or [www.HealthyLine.com/warranty](http://www.HealthyLine.com/warranty).
- We use only real natural amethyst, jade, and ceramic tourmaline, with no fake colored plastic.
- CE, FCC, FDA, and laboratory test certificates are available on our website.
- Find many Frequently Asked Questions on our website [www.HealthyLine.com/FAQ](http://www.HealthyLine.com/FAQ)
- If you have a store, spa, medical office, or other business, becoming a HealthyLine reseller or distributor is easy. Contact us at [info@healthyline.com](mailto:info@healthyline.com) for details.
- In areas with different electrical standards, our mats can be used with a power converter. See the accessory section of our website.
- Our products and company are registered with the US FDA, Reg. #3011307267.

## THE TOP TEN MOST POPULAR BENEFITS OF A HEATED STONE MAT

1. Improves blood circulation and cell metabolism.
  2. Reduces pain and strengthens the immune system.
  3. Helps relieve insomnia.
  4. Provides a sauna effect, burning up to 900 calories per hour.
  5. Eases inflammation and stiffness.
  6. Helps alleviate stress, improve mood, and provide a sense of well-being.
  7. Helps cells process waste and remove toxins faster.
  8. Helps rejuvenate and revitalize the body's cells, tissues, and systems.
  9. Counteracts the effects of static electricity and EMF radiation.
  10. Provides relief from symptoms of acute or chronic illness.
- 

## THE TOP TWENTY MOST POPULAR BENEFITS OF INDIVIDUAL MAT COMPONENTS

1. Hot stones release heat slowly and steadily, gradually softening sore muscles.
  2. Hot stones can put you into a meditative and healing state.
  3. Hot stones are deeply relaxing, releasing stress and eliminating tension.
  4. FIR heat penetrates deep into your body bones, joints, and tissues.
  5. FIR waves may destroy cancer or viral cells and reduce swelling.
  6. FIR therapy helps relieve pain and fight infection and disease.
  7. Negative ions can alleviate depression.
  8. Negative ions can boost cells' ability to use nutrients and remove waste.
  9. Negative ions can boost blood flow to the brain and balance the body's pH by reducing acidity.
  10. Negative ions help counteract EMF radiation from computers and cell phones.
  11. Photon therapy increases blood circulation and oxygen flow, and can help with pain and wound healing.
  12. Photon therapy stimulates acupuncture points to remove blockages.
  13. Photon therapy helps correct imbalances in bio-magnetic energy.
  14. Tourmaline improves circulation and supports the exchange of oxygen in the blood.
  15. Tourmaline is said to improve the immune, endocrine, and lymphatic systems, heal insomnia, and stimulate regeneration throughout the body.
  16. Regular use of amethyst may reduce stress, anxiety, and cortisol levels.
  17. Amethyst is said to boost energy and vitality in the body, mind, and spirit.
  18. Animals can feel the effects of a 15- to 20-minute session on an amethyst mat.
  19. Jade mats may be used without electricity to produce a relaxing coolness.
  20. Jade contains many microelements and can help relieve magnesium deficiency.
- 

## THE TEN MOST COMMON MEDICAL CONDITIONS SAID TO BE AIDED BY HEATED STONE MATS

1. Stress and tension
2. Poor blood circulation
3. Back pain or muscle pain, stiffness, or spasms
4. Migraine or tension headaches
5. Depression, anxiety, and insomnia
6. Fibromyalgia and chronic fatigue
7. High blood pressure
8. Bronchial asthma/COPD
9. Arthritis
10. Symptoms of chronic illnesses



## HOT STONE THERAPY



### What is hot stone therapy?

Hot stone therapy, often used with massage, is deeply relaxing. The slow release of heat from the stones stimulates and relaxes the circulatory system. This aids the muscles in releasing toxins and helps the body heal. It softens tense muscles, easing pain and spasms and bringing a feeling of peace and well-being. Relaxation spreads throughout the tissues, stress is released, and body, mind, and spirit are energized and rejuvenated.

### What is a hot stone treatment like?

Since hot stone therapy aims to provide peace and relaxation, it is best experienced in a quiet space or with soft music playing. This allows the recipient to focus deep within and release all stress and tension. Often, recipients go into a meditative state or fall asleep. Deep sleep is a restorative state during which the body can perform healing processes. The heat of the stones, the relaxation of the muscles, and the sense of release combine to send the body into a restorative mode. After a hot stone massage, before sitting up, the recipient should take a few minutes to allow the body to integrate the treatment. A further hour of leisure time is recommended to allow the body to absorb the full benefits of the treatment. Other helpful actions include drinking lots of water for rehydration, eating fruits and vegetables, or sitting quietly before transitioning to daily activities.

### Who should not receive hot stone massage therapy?

As a general rule, people who should not receive standard massage therapy, such as children or pregnant women, should not receive hot stone massage therapy. Hot stone massage therapy should not be applied to areas with varicose veins, wounds or open skin infections. It is not appropriate for people who have had bypass surgery, have pacemakers, are using muscle relaxants or blood thinners (such as Coumadin), have a negative reaction to heat, are experiencing menopausal hot flashes, or are very elderly. People in any of these categories should consult a physician and thoroughly discuss the possible effects of this therapy before buying or using this product.

People with certain conditions should use hot stones or heated mats only at low to medium heat (90°-120°F). These conditions include chronic high blood pressure, cancer, lymphedema, cardiac, liver, or kidney disorders, organ transplants, a history of arrhythmia or epilepsy, anorexia, diabetes (exception: type 2 diabetes), osteoporosis, multiple sclerosis, chronic muscle fatigue, vasospastic disease, chronic headaches, acute fever, or rheumatoid arthritis.

## FAR INFRARED (FIR) THERAPY

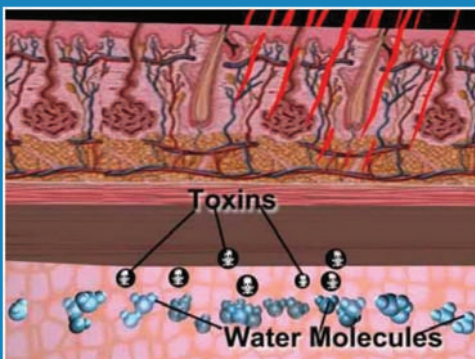
### What is FIR therapy?

The visible range of the sun's light includes the our familiar rainbow of colors. But only 44% of the full spectrum of sunlight is in the visible range. High-frequency ultraviolet rays make up 4% and can age skin prematurely or cause cancerous changes. Low-frequency infrared rays make up 52%. They are not harmful and do not damage the skin. Infrared light transmits more heat than ordinary light. FIR therapy uses far infrared light rays to provide some of the benefits of sunshine without direct exposure to the sun.

### How does FIR therapy work?

Absorption of the sun's rays helps stimulate the body's metabolism. We need light in order to properly absorb certain nutrients and minerals. A lack of sunlight can lead to lower immune function, tension, fatigue, depression, and insomnia. FIR light raises the body's temperature. This increases circulation via the dilation of blood vessels, which does not increase blood pressure.

FIR heat penetrates past the skin and our insulating fatty layer, 4-6 inches into the body. The heat resonates with the cells and invigorates them. The body responds to FIR therapy mats faster than to traditional heating pads, and the effects continue even after use is ended. The benefits of FIR therapy may be enhanced by natural jade or tourmaline. The infrared rays emitted by our mats vary from 8um-14um with an average of 9.5um.



### What are the benefits of FIR therapy?

Researchers have found that FIR rays can improve blood circulation, reduce symptoms of chronic diseases, alleviate pain, revitalize skin cells, strengthen the brain, cardiovascular system, and nervous system, and help restore muscle and joint elasticity. Studies have shown that FIR therapy enhances blood circulation, reduces ischemia, exerts an anti-inflammatory effect, reduces pain, and promotes better sleep. FIR waves may also destroy cancer or viral cells. Unlike over-the-counter pain remedies, FIR therapy does not have gastrointestinal side effects.



## NEGATIVE ION THERAPY

### What are negative ions?

An ion is an atom or molecule with an electrical charge, either positive or negative. Ions are naturally created when things such as sunlight, radiation, or moving water break apart molecules of air. The environments around mountains, waterfalls, and rolling oceans are rich in negative ions.

### What is negative ion therapy?

Negative ion therapy uses negative ions to produce beneficial effects. Many people find it improves their health, particularly in the areas of depression, bronchial issues, allergies, blood pressure, stress, and the removal of toxins.

### How does negative ion therapy work?

Positive ions can be absorbed from sunlight or electronic devices like computers and cell phones and can inhibit cell functioning. Negative ions boost cells' ability to use nutrients and remove waste, increase oxygen flow to the brain, and balance the body's pH by decreasing its acidity.

European research has shown that negative ions increase collagen production, make cell membranes more permeable, and help strengthen the immune and autonomic nervous systems. Research in Japan has shown that negative ions maintain a balance between insulin and the adrenal functions in the autonomic nervous system, and that negative ionization increases the ions in the calcium and sodium (salt) in the blood and raises its alkalinity. Gamma globulin also increases, creating blood that is rich in proteins as well as antibodies.



## PHOTON THERAPY



### What is photon therapy?

Photon therapy is a process of stimulation by light particles and waves at the cellular level. It can reduce pain, boost the immune system, reduce inflammation, and help the body heal.

### How does photon therapy work?

When photons (light particles) touch the skin, the body's cells absorb energy. This increases blood circulation, oxygen flow, and the release of toxins. It also stimulates acupuncture points to clear blockages. Light waves can correct imbalances in the bio-magnetic energy field. Photon therapy can boost cell metabolism, blood circulation, and muscle relaxation, and aid in wound healing. Our mats use 660 nanometer red LEDs for photon therapy.



### How has NASA used photon therapy?

Human cells cannot grow in microgravity conditions. Prolonged weightlessness may cause a loss of bone mass, muscle atrophy, and difficulty with wound healing. Photon therapy, a Russian invention, is used by astronauts to counteract these effects and improve cellular metabolism in space.

Photon therapy is now being explored by other scientists, to enhance the growth of plants, encourage healing in cancer patients, and reduce pain.

## AMETHYST



### What is amethyst?

Amethyst is a gemstone, the purple (and most valuable) variety of the mineral quartz. Amethyst can produce negative ions, which deepen and speed up the body's healing and cleansing processes.

### What are the benefits of amethyst?

Amethyst is said to relieve stress, anxiety, depression, and chronic pain, improve circulation, help with lymphatic drainage, rejuvenate skin, decrease hyperactivity and persistent infections (such as Lyme disease), and treat invasions of parasites. It may also boost vitality in the body, mind, and spirit. Amethyst is said to have a detoxifying effect, to lessen hangovers and aid in release from food, alcohol, and drug addictions. It helps put the user into a delta state of deep relaxation and healing.

## How does amethyst work with FIR (far infrared) and negative ion therapies?

FIR rays and negative ions pass through channels in the amethyst crystals. This technology is based on Nobel Prize-winning discoveries about the function of single-ion channels in cells. Amethyst, a superconductor, delivers a strong and steady flow of FIR waves and other high-vibration frequencies. FIR waves penetrate 6-8 inches into the body, with a soothing, even, and deep warming, stimulating healing and regeneration.

Benefits can include improved circulation and immune system function, pain relief, weight loss, relief from joint pain, stiffness, and fatigue, rejuvenated skin, and increased toxin release. It may also reverse the effects of degenerative disease, speed healing, and rejuvenate cells. Regular use may reduce stress, anxiety, and cortisol levels. Amethyst provides a more profound physical and mental shift than other materials. The amethyst crystals drastically reduce energy consumption, by 60% or more over traditional mats. Despite the use of heat, the high quality of its design ensures that the mat will never become too hot to touch. Both Boeing and Microsoft have purchased amethyst pads for the use of their employees. Physical therapists, chiropractors, and acupuncturists use them in their practices. Even a half-hour nap on a pad can provide benefits. Animals can feel the effects of a 15- or 20-minute session on the mat.

## JADE



### What is jade?

The term "jade" may refer to either of two metamorphic rocks made of different silicate minerals, nephrite and jadeite. Nephrite is somewhat softer, but less likely to break. East Asians have valued jade for centuries.

### What are the benefits of jade?

In Chinese culture, jade was believed to protect the kidney, heart, larynx, liver, spleen, thymus, and thyroid, and generally to strengthen the body. It was also thought to be cooling. This may be why jade pads are very popular in Asian countries.

As a healing stone, jade is believed to radiate positive energies. When a jade pad is used without electricity in the summertime, its coolness soothes and relaxes. Because of its composition, it can help to relieve magnesium deficiency as well.



### How does a jade mat work?

Jade and other elements (such as tourmaline, germanium, or ceramics) are heated to emit FIR (far infrared) rays that penetrate the body at a depth of 5.5-6 inches. This produces benefits from the skin to the deeper areas of the body. Jade is an efficient absorber of natural infrared heat and passes it along to the body gently and smoothly.

Heated jade also emits negative ions, which help to counteract electromagnetic radiation put out by electronic devices such as computers, cell phones, and microwaves. Since negative ionization happens quickly with jade pads, twenty to thirty minutes may be enough to produce results.

### What are the benefits of a jade mat?

Jade mats can soothe pains, such as those from backaches, headaches, arthritis, or stiff joints. They relax muscles, relieve stress, improve blood circulation and flexibility, help lower high blood pressure, and relax the intestines. Flexible jade pads can be molded to areas of discomfort. Because they provide a cozy, comfortable feeling, they are excellent for recuperation from chills or the flu and for relieving joint pain from arthritis or rheumatism. Jade mats provide the best balance of value and performance.

# TOURMALINE

## What is tourmaline?

The name “tourmaline” is used for several different but related minerals that come in rich and varied colors. Tourmalines are piezoelectric—when they are heated, they produce an electrical potential (different electrical charges at opposite ends). They also emit FIR (far infrared) radiation and negative ions, effects that increase when heat is applied.

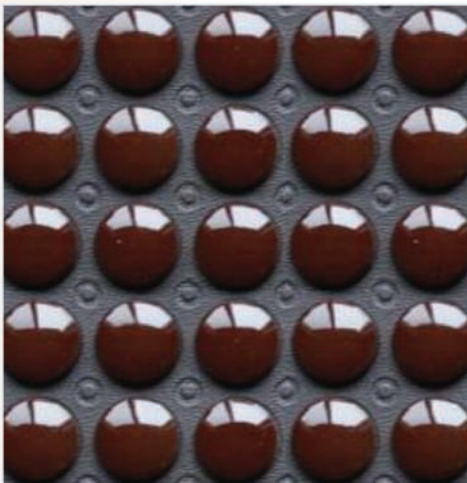


## What are the effects of tourmaline?

As a healing stone, tourmaline is said to reduce intestinal and skin problems, support the exchange of oxygen in the blood, improve circulation, and help with diseases of the liver, skin, and autonomic nervous system. It is thought to improve the immune, endocrine, and lymphatic systems, heal insomnia, and stimulate regeneration throughout the body. Brown tourmaline is reputed to be an excellent grounding stone, aligning and protecting the etheric body. It is said to encourage community spirit and social commitment, heal dysfunctional relationships, and increase empathy and creativity.

## How is tourmaline used in the mats?

Our tourmaline is a ceramic tourmaline, a special mixture of tourmaline powder, ceramic, and earth elements rich in negative ions. The ions in our tourmaline have been measured at a healthy 700-1500 negative ions per square centimeter.



## References:

<http://en.wikipedia.org/wiki/Jade>  
[http://altmedicine.about.com/od/massage/a/hot\\_stone.htm](http://altmedicine.about.com/od/massage/a/hot_stone.htm)  
<http://www.livestrong.com/article/116678-benefits-hot-stone-massage/>  
<http://www.nikken.com/product/technology/far-infrared/>  
<http://www.wisegeek.org/what-is-negative-ion-therapy.htm>  
<http://www.cancer.gov/cancertopics/treatment/types/radiation-therapy/radiation-fact-sheet>  
<http://www.ptcri.ox.ac.uk/about/>  
[http://en.wikipedia.org/wiki/Radiation\\_therapy](http://en.wikipedia.org/wiki/Radiation_therapy)  
<http://www.procure.com/Proton-Therapy-Basics/unique-benefits>  
<http://en.wikipedia.org/wiki/Amethyst>  
<http://www.globalhealingcenter.com/benefits-of/amethyst-gemstone>

## DISCLAIMER

This information is not intended to cure, diagnose, give advice on, or treat any medical condition, nor is reading it a substitute for reading the product User Guide. Please consult with a physician before use of this product. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Information with regard to our products does not reflect or represent product claims. HealthyLine assumes no responsibility for the improper use of its products or for a user's self-diagnosis and/or treatment using its products. HealthyLine products should not be used as a substitute for medically supervised therapy. If you suspect you suffer from clinical deficiencies, consult a licensed, qualified medical doctor.

No action should be taken solely on content provided by HealthyLine; regardless of any perceived scientific merit, readers should consult health care professionals on any matter related to their health. The information in HealthyLine's materials were obtained from materials that are believed to be accurate, as presented by their respective authors, but HealthyLine assumes no liability for any errors or personal interpretation. Users and customers who fail to consult their physicians prior to the purchase or use of any product assume the risk of any adverse effects incurred.

The Food and Drug Administration has not approved or evaluated the information contained in the literature or on this site. Any printed reference or direct link to a specific product is for your information or convenience only and may not be construed as an enticement to purchase and further is not intended or implied to be used in the mitigation, diagnosis, treatment, cure, or prevention of any disease.

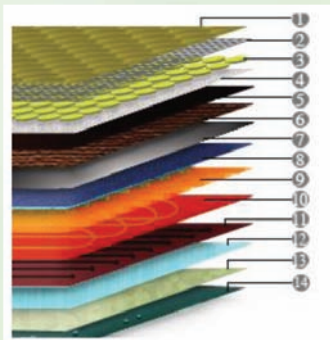
Except as specifically stated, neither HealthyLine nor any of its directors, employees or other representatives will be liable for damages arising out of or in connection with the use of this product or information. This is a comprehensive limitation of liability that applies to all damages of any kind, including (without limitation) compensatory, direct, indirect, or consequential damages, loss of data, income or profit, loss of or damage to property, and claims of third parties.



Based in New York, the American company HealthyLine™ presents the highest quality and the greatest selection of infrared heating stone mats, at very affordable prices. See our line of almost 50 different models.

## InfraMat PRO™

Made under seven-stage quality control at the oldest factory in northern China, near the world's biggest jade and amethyst mines, and registered with the FDA, FCC, and CE and certified by respected US laboratories, our unique products, ranging from small pads to king-size mattresses, are pieces of art,



### MAT COMPOSITION (LAYERS)

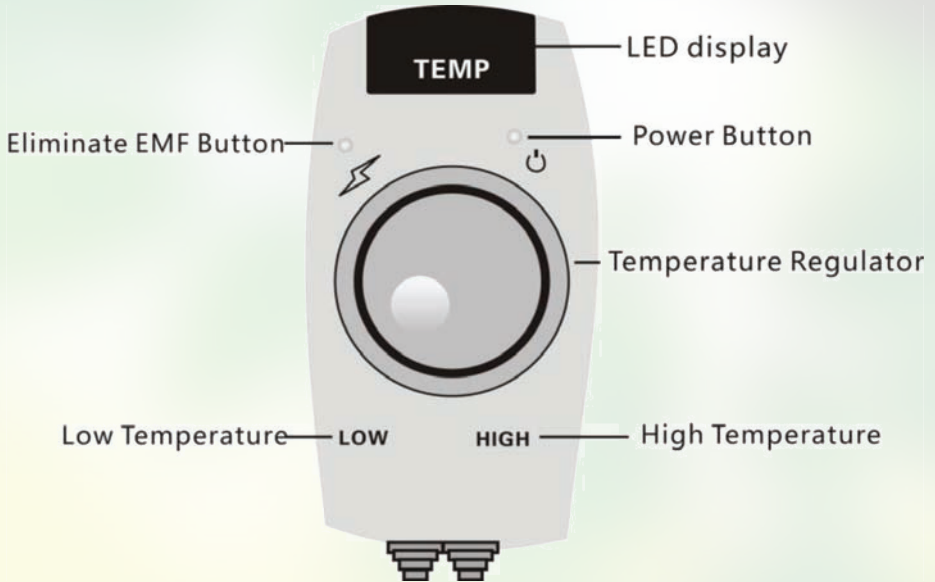
Unlike similar mats that are made with simply an outer cover and cotton filler, our mats are comprised of many layers, each with its own important function. Our smaller pads usually have nine to twelve layers; our large mattresses can have up to twenty layers. Here is a typical list of layers:

- 1. High-quality synthetic leather**, which is elegant, durable, and easy to clean.
- 2. High-density mesh cloth**, with elegant embroidery to attach the jade disks.
- 3. Jade, amethyst, or ceramic tourmaline**, stones that can release far infrared rays and negative ions, which promote blood circulation and metabolism and improve the immune system.
- 4. Bamboo carbon-fiber material**, which has several important qualities:
  - It is super-absorbent, more absorbent than charcoal. It can deodorize as well as absorb dust.
  - It releases far infrared rays and stores heat energy.
  - It can adjust to humidity, absorbing water in damp conditions and releasing it back into the air in dry conditions.
  - It emits a high concentration of negative ions.
  - It has a high mineral content.
- 5. Internal waterproof layer** (does not protect the entire mat from water)
- 6. Electric discharger**, which also generates negative ions.
- 7. Copper network layer**
- 8. Glass fibers**, to shield the user from electromagnetic waves.
- 9. Silicon heating layer**
- 10. Heating layer**, allowing a rapid rise in heat. This material resists high temperatures, performs well after folding, and wears well.
- 11. Heat-sensitive device that prevents the mat from overheating**. If the temperature rises too high, it will automatically shut the power off.
- 12. Ecological nonwoven cloth**, to evenly distribute and stabilize the heat.
- 13. Heat absorption and release layer**, to store the energy of the infrared rays, to evenly distribute and continually release the heat.
- 14. Ecological compression cotton**
- 15. Thermal insulation layer** to prevent overheating and prevent heat from being conducted downwards.
- 16. Waterproof eleusine cloth**, which is durable, prevents wear, resists tension, and protects the mat.



## SPECIFICATIONS

- Product Name: InfraMat Pro™
- Voltage/frequency: 110-120V 50/60Hz
- Temperature range: 30°-70°C (85°-160°F)
- Manufacture Brand: HealthyLine™
- Settings: 50w to 380w, depending on size



## STANDARD AUTO CONTROLLER

This is the newest model, and fully automated. Simply choose the temperature you find most comfortable. **Unlike some other mats, ours are designed for up to twelve hours of continuous use, after which the mat will automatically shut off.** (Note: If you use the mat overnight, we suggest lowering the temperature to a comfortable level.)

### Power Button

- The power button is to the right on the Auto Controller.
- Press once to turn the power on. The display will show the temperature setting in degrees Celsius (°C).
- Press again to turn the power off.

### LED Display

- The LED display shows the temperature in degrees Celsius (°C) when the power is on.
- When adjusting the temperature, the display will show the target temperature for a few seconds, then return to showing the current temperature of the mat's surface.

### Temperature Control Dial

- To lower the temperature of the mat, turn the dial to the left. The minimum temperature is about 20°C (70°F).
- To raise the temperature of the mat, turn the dial to the right. The maximum temperature is about 70°C (160°F).
- When the dial is set to the middle (twelve o'clock) position, the temperature is approximately 50°C (130°F).
- To test the maximum temperature, lie on the mat or cover it with a blanket. If the mat is uncovered, its heat will dissipate into the air.

### Electromagnetic Field (EMF) Eliminator

- The EMF eliminator is the chrome sensor to the left on the auto controller.
- Touch the sensor with your finger for a few seconds to immediately eliminate any EMF. A green light on the LED display shows the existence of EMF. If you touch the sensor and the green light goes off, EMF is no longer detected.

## Additional Notes

- Photon mats have a slightly different controller. Instead of a power button at the upper right, they have a photon button. Press it to turn on the photon light function. Press it again to turn the photon light function off. (Note: For safety purposes, the photon light shuts off automatically after two hours, but the heat function continues to work.)  
To turn on the stone heating function, turn the knob from left to right. The first click of the dial turns the power on. Move the dial further to the right to increase the temperature. The maximum temperature for photon mats is usually 60°C (140°F).
- Queen- or king-size model controllers may differ from the above, to allow separate control of the left and right sides of the mat.

See [www.HealthyLine.com/accessories](http://www.HealthyLine.com/accessories) for the availability and price of third-party accessories for use with our mats.

- Professional power converter (100V-240V) for use with our mats in any country in the world.
- Heavy duty professional power extension cord (6 ft. or 10 ft.).
- Compact wall timer. Allows programming of an automatic shut-off time (30 minutes to 12 hours) for the mat.
- Amethyst or jade non-electrical pillow.

*More great accessories are added to our catalog every month.*

## OPERATING INSTRUCTIONS

1. Connect the remote control to the mat.
2. Turn on the power button. The LED display should turn on.
3. Adjust the temperature. The display will show the target temperature for a few seconds, then return to showing the current temperature.
4. To use the electromagnetic field (EMF) eliminator, touch the EMF sensor for a few seconds. When the EMF indicator light is on, an EMF is detected.
5. While using the device, do not cover the remote control or restrict the flow of air to it.
6. Do not attempt to open or disassemble the remote control.
7. When you are finished, turn off the power and unplug the cable.

## DURING USE

1. To avoid damage, do not use excessive force in connecting the cable to the power socket.
2. Do not bring the mat into contact with substances that can burn or catch fire easily.
3. Do not place the device in strong sunlight or allow liquids or other substances to come in contact with it.
4. Do not attempt to open or disassemble the device.
5. Always cover the mat with a blanket or towel before lying down, to protect the body from direct heat and to protect the mat from sweat.
6. When you are finished using the device, turn off the power and unplug the cable.

## AFTER USE

1. Operate the mat on high heat for a few minutes to allow any humidity to evaporate.
2. Clean the mat thoroughly before putting it away.
3. To fold the mat, place the power cable on one end, then fold the mat inward into thirds. (Not necessary for small pads.)
4. Store the mat in the dustproof bag provided.
5. Store the mat in a dry and ventilated place (10° C - 25° C).

6. Periodically remove the mat from storage, air it out, and check the storage conditions.
7. Don't place heavy items on the stored mat.

## CLEANING INSTRUCTIONS

1. Turn off the power before cleaning the mat.
2. Clean the surface of the mat with a dry cloth.
3. Use a cleaner to remove any dust between the jade disks.
4. Never use flammable or volatile cleaners on the mat.
5. Keep the mat dry. Do not bring it in contact with water or other liquids.
6. After cleaning the mat, allow it to air dry.
7. To clean the remote control, turn off the power and disconnect it, then clean its surface with a dry cloth.
8. To prolong the life of the mat, keep it clean.



## CAUTIONS

1. Read all the instructions before attempting to use this device.
2. Make sure the plug is correctly connected to the power socket.
3. Never wet the mat or controller.
4. Don't use this device while using other electric devices. This may be dangerous.
5. The visually impaired may use this device only under supervision.
6. This device has a heated surface. Persons who are insensitive to heat must use it with care. Do not allow children to play with the device.
7. When using the higher temperature settings, avoid direct skin contact with stones. Always cover the stones with a blanket or towel.
8. If a problem occurs with the device, stop using it immediately and contact the manufacturer or dealer.
9. After use, turn the power off.
10. To avoid damaging the device, after unplugging it, allow at least a one-minute interval before connecting it again.
11. To avoid the risk of electric shock, unplug the device before cleaning it.

## WARRANTY

Although we produce extremely durable products, with the lowest defect rate in the industry, an almost ZERO percent defect rate, and triple-stage quality control, we still provide hassle-free warranty coverage. All products made by HealthyLine™ have an automatic 30-day warranty with a simple, free option to extend the warranty to 365 days. (See below for details.)

If a product is defective, and the defects do not include physical damage caused by incorrect or negligent usage, within 365 days of receipt of the product, you may obtain a free replacement from HealthyLine™. To do so, you must first contact us and explain the problem in detail. Most problems with our products are related to incorrect usage and can be resolved with the right suggestion or explanation. If the product appears to have a manufacturing defect, we will ask you to ship it back to us for a free replacement. Unlike other companies, we do not charge a restocking fee. If the product you return to us does not appear to be defective or has clearly been damaged by the user, we will ship it back to you at your expense.

If more than 365 days have passed since you received the product, the warranty will have expired, and you may not return the product to HealthyLine™. However, we are always willing to assist you in finding the best solution to any problem.

### FREE WARRANTY EXTENTION - 365 DAYS

You can extend your product's warranty from 30 to 365 days by doing ONE of the following:

1. Take a picture or make a video of our product while you are using it. (Please be advised that these images may be used by HealthyLine on its website or in other promotional materials. Your sending us this picture or video constitutes consent to such use.)

2. Review the InfraMat Pro™, describing your experience with it and how it has helped you. You may either send your review to [info@healthyline.com](mailto:info@healthyline.com) or submit it directly on the product page.

3. Like us or share our site on Facebook, Google+, or Twitter. You must send us a link to your profile for the social media used.

4. Recommend our products to friends or family and have them mention your name when they purchase a HealthyLine™ product.

After you have done one or more of the above, e-mail us with sufficient information to enable us to register your extended warranty.

This warranty is fully transferable, so an InfraMat Pro™ mat purchased from a company other than HealthyLine™ is covered by the warranty as long as you have an original receipt or product registration.

### OPTIONAL FIVE-YEAR WARRANTY

For the InfraMat Pro™, we also offer an optional five-year extended warranty, for an additional 20% of the item's purchase price. If you experience a problem with your product at any time during these five years, we will send you a new one as a replacement. The replacement may be the same model or a newer one. If you are interested in purchasing this extended warranty, please contact us by e-mail at [info@healthyline.com](mailto:info@healthyline.com).



# PRODUCT CATALOG 2015



**We have new products coming in every few months.**  
Check availability and order from our local distributors or from [www.HealthyLine.com](http://www.HealthyLine.com).

- All products are top quality. Choices differ according to form, features, and size.
- All products run on US current (110v). In other countries, they may be used with power converters.
- All stone pads/mats have both far infrared ray (FIR) and negative ion functions.
- Tourmaline ceramic stones are known for their superior negative ion functions.
- Jade and amethyst stones are known for their superior far infrared ray functions.

All controllers have 12-hour auto-shutoffs and double protection against overheating. Maximum temperature 160°F (70°C). Two-hour auto-shutoff for photon function. Model 055A feels 10°C cooler on its surface.



# CATALOG 2015

## Shaped Mats/Pads:

### 1. Pillow-02T

Pillow for neck or lower back.  
Made with 64 pieces of 1" tourmaline ceramic stones.  
**Max temp 70°C (160°F)**  
**Size 17"x 5" x4" (43x13x9cm)**  
**Weight 3lb (1.5kg)**  
**Power 50W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



### 2. Pillow-02J

Pillow for neck or lower back.  
Made with 64 pieces of 1" natural jade.  
**Max temp 70°C (160°F)**  
**Size 17"x 5" x4" (43x13x9cm)**  
**Weight 3lb (1.5kg)**  
**Power 50W. FIR 8-14 um.**  
**Negative Ion output over 500/cc**



### 3. Knee-04T

Knee-04T (pair) Set of two knee wraps.  
Made with 35 pieces of 1" tourmaline ceramic stones each.  
**Max temp 70°C (160°F)**  
**Size 26"x 13"x1.2" (66x32x3cm)**  
**Weight 4lb (2kg)**  
**Power 84W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



### 4. Knee-04J

(pair) Set of two knee wraps.  
Made with pieces 35 of 1" natural jade each.  
**Max temp 70°C (160°F)**  
**Size 26"x 13"x1.2" (66x32x3cm)**  
**Weight 4lb (2kg)**  
**Power 84W. FIR 8-14 um.**  
**Negative Ion output over 500/cc**



### 5. Belt-05T

05T Wide belt for lower back.  
Made with 181 pieces of 1" tourmaline ceramic stones.  
**Max temp 70°C (160°F)**  
**Size 54"x 10"x 1.2" (135x25x3cm)**  
**Weight 6lb. (3 kg)**  
**Power 100W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



### 6. Belt-05J

Wide belt for lower back. Made with 181 pieces of 1" natural jade.  
**Max temp 70°C (160°F)**  
**Size 54"x 10"x 1.2" (135x25x3cm)**  
**Weight 7lb. (3.5 kg)**  
**Power 100W. FIR 8-14 um.**  
**Negative Ion output over 500/cc**



### 7. Shoulders-08T

Wrap for back, chest, and shoulders. Made with pieces 335 of 1" tourmaline ceramic stones.  
**Max temp 70°C (160°F)**  
**Size 41"x 20"x 1.2" (102x51x3cm)**  
**Weight 10 lb (5kg).**  
**Power 160W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



### 8. Shoulders-08J

Wrap for back, chest, and shoulders. Made with pieces 335 of 1" natural jade.  
**Max temp 70°C (160°F)**  
**Size 41"x 20"x 1.2" (102x51x3cm)**  
**Weight 11 lb (5.5kg).**  
**Power 160W. FIR 8-14 um.**  
**Negative Ion output over 500/cc**



## 9. Legs-09T

Set of two parts, easy to assemble into "cove" wraps for the legs. Made with 244 pieces of 1" tourmaline ceramic stones.  
**Max temp 70°C (160°F)**  
**Size 57"x 13" plus 20"x 12"** (143x33cm plus 50x34cm)  
**Weight 10 lb (5kg).**  
**Power 160W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



## 10. CarMat-12V-JT

Car seat cushion (12 volt) Made with 92 pieces of 1" tourmaline ceramic plus 138 pieces of 1" natural jade pad (for the car seat and back).  
**Max temp 70°C (160°F).**  
**Size**  
**Weight 10 lb (5kg)**  
**Power 40W. FIR 8-14 um.**  
**Negative Ion output over 1500/cc**



# Normal Mats/Pads

Small and medium pads for any area of the body (feet, back, stomach, etc.) or for other uses (chair seats, pet pads).

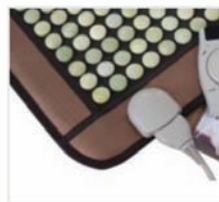
## 1. SmallPad-03T

Small pad for any area (back, feet, etc.). Made with 144 pieces of 1" tourmaline ceramic stones.  
**Max temp 70°C (160°F)**  
**Size 20"x 20" x1.2"** (50x50x3cm)  
**Weight 6lb (3kg)**  
**Power 55W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



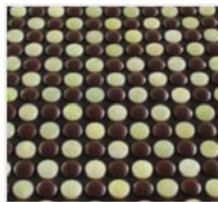
## 2. SmallPad-03J

Small pad for any area (back, feet, etc.). Made with 144 pieces of 1" natural jade.  
**Max temp 70°C (160°F)**  
**Size 20"x 20" x1.2"** (50x50x3cm)  
**Weight 6lb (3kg)**  
**Power 55W. FIR 8-14 um.**  
**Negative Ion output over 500/cc**



## 3. SmallPad-03JT

03JT Small pad for any area (back, feet, etc.). Made with pieces 72 of 1" tourmaline ceramic stones plus 72 pieces of 1" natural jade.  
**Max temp 70°C (160°F)**  
**Size 20"x 20" x1.2"** (50x50x3cm)  
**Weight 6lb (3kg)**  
**Power 55W. FIR 8-14 um.**  
**Negative Ion output over 1500/cc**



## 4. SmallPad-J 3JT-Mesh

Small pad for any area (back, feet, etc.). Made with 9 pieces of 2" tourmaline ceramic stones plus 16 pieces of 2" natural jade under mesh.  
**Max temp 70°C (160°F)**  
**Size 20"x 20" x1.2"** (50x50x3cm)  
**Weight 3lb (1.5kg)**  
**Power 55W. FIR 8-14 um.**  
**Negative Ion output over 700/cc**



## 5. MediumPad-06T

Medium pad for any area. Made with 242 pieces of 1" tourmaline ceramic stones.  
**Max temp 70°C (160°F)**  
**Size 32"x 20" x1.2"** (80x50x3cm)  
**Weight 6lb (3kg)**  
**Power 90W. FIR 5-14 um.**  
**Negative Ion output over 1500/cc**



## 6. MediumPad-06J

Medium pad for any area. Made with pieces 242 of 1" natural jade.  
**Max temp 70°C (160°F)**  
**Size 32"x 20" x1.2"** (80x50x3cm)  
**Weight 3lb (1.5kg)**  
**Power 90W. FIR 8-14 um.**  
**Negative Ion output over 500/cc**



## 7. MediumPad-06JT

Medium pad for any area. Made with pieces 121 of 1" tourmaline ceramic stones plus 121 pieces of 1" natural jade..  
**Max temp 70°C (160°F)**  
**Size 32"x 20" x1.2"** (80x50x3cm)  
**Weight 7lb (3.5kg)**  
**Power 90W. FIR 8-14 um.**  
**Negative Ion output over 1500/cc**



## 8. MediumPad-M014JT- Mesh

Medium pad for any area. Made with 18 pieces of 2" tourmaline ceramic stones plus 32 pieces of 2" natural jade under mesh.  
**Max temp 70°C (160°F)**  
**Size 32"x 20" x1.2"** (80x50x3cm)  
**Weight 7lb (3.5kg)**  
**Power 90W. FIR 8-14 um.**  
**Negative Ion output over 700/cc**





# Large Mattresses

## 1. FullMat-011T

Full body mat. Made with 700 pieces of 1" tourmaline ceramic stones.  
**Max temp** 70°C (160°F)  
**Size** 72"x 24" x1.2" (180x60x3cm)  
**Weight** 22lb (11kg)  
**Power** 230W. FIR 5-14 um.  
**Negative Ion output** over 1500/cc



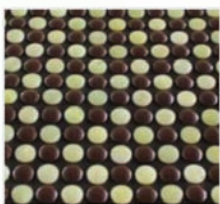
## 2. FullMat-011J

Full body mat. Made with 700 pieces of 1" natural jade.  
**Max temp** 70°C (160°F)  
**Size** 72"x 24" x1.2" (180x60x3cm)  
**Weight** 26lb (13kg)  
**Power** 230W. FIR 8-14 um.  
**Negative Ion output** over 500/cc



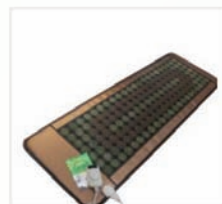
## 3. FullMat-011JT

Full body mat. Made with 350 pieces of 1" tourmaline ceramic stones plus 350 pieces of 1" natural jade.  
**Max temp** 70°C (160°F)  
**Size** 72"x 24" x1.2" (180x60x3cm)  
**Weight** 26lb (13kg)  
**Power** 230W. FIR 8-14 um.  
**Negative Ion output** over 1500/cc



## 4. FullMat-F014JT-Mesh

Full body mat. Made with 72 pieces of 2" tourmaline ceramic stones plus 82 pieces of 2" natural jade under mesh.  
**Max temp** 70°C (160°F)  
**Size** 72"x 24" x1.2" (180x60x3cm)  
**Weight** 14lb (7kg)  
**Power** 160W. FIR 8-14 um.  
**Negative Ion output** over 700/cc



## 5. FullMat-011AJT

Full body mat. Made with thousands of pieces of natural amethyst plus 30 pieces of 1.2" tourmaline ceramic stones plus 30 pieces of 1.2" natural jade.  
**Max temp** 65°C (150°F)  
**Size** 72"x 24" x1.2" (180x60x3cm)  
**Weight** 18lb (9kg)  
**Power** 185W. FIR 8-14 um.  
**Negative Ion output** over 1500/cc



## 6. Reverse-018JT-SideA

Full-body mat with two working sides. One side made with thousands of natural amethyst stones. Max temp 60°C (140°F) Other side made with 90 pieces of 1" tourmaline ceramic stones plus 180 pieces of 1" natural jade.  
**Max temp** 70°C (160°F)  
**Size** 72"x 24" x1.2" (180x60x3cm)  
**Weight** 16lb (8kg)  
**Power** 160W. FIR 8-14 um.  
**Negative Ion output** over 1500/cc



## 7. LargeMat-012T

Full body mat. Made with 1092 pieces of 1" tourmaline ceramic stones.  
**Max temp** 70°C (160°F)  
**Size** 80"x 32" x1.2" (200x80x3cm)  
**Weight** 36lb (18kg)  
**Power** 255W. FIR 5-14 um.  
**Negative Ion output** over 1500/cc



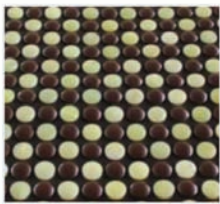
## 8. LargeMat-012J

Full body mat. Made with 1092 pieces of 1" natural jade.  
**Max temp** 70°C (160°F)  
**Size** 80"x 32" x1.2" (200x80x3cm)  
**Weight** 40lb (20kg)  
**Power** 255W. FIR 8-14 um.  
**Negative Ion output** over 500/cc



## 9. LargeMat-012JT

Full body mat. Made with 546 pieces of 1" tourmaline ceramic stones plus 546 pieces of 1" natural jade.  
**Max temp** 70°C (160°F)  
**Size** 80"x 32" x1.2" (200x80x3cm)  
**Weight** 38lb (19kg)  
**Power** 255W. FIR 8-14 um.  
**Negative Ion output** over 1500/cc



## 10. LargeMat-LO14JT-Mesh

Full body mat. Made with 64 pieces of 2" tourmaline ceramic stones plus 146 pieces of 2" natural jade under mesh.  
**Max temp** 70°C (160°F)  
**Size** 76"x 40" x1.2" (190x100x3cm)  
**Weight** 18lb (9kg)  
**Power** 255W. FIR 8-14 um.  
**Negative Ion output** over 700/cc



## 11. LargeMat-012AJT

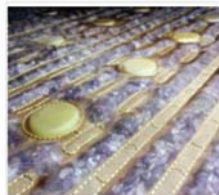
Full body mat. Made with thousands of pieces of natural amethyst plus 34 pieces of 1.2" tourmaline ceramic stones plus 51 pieces of 1.2" natural jade.

**Max temp 65°C (150°F)**

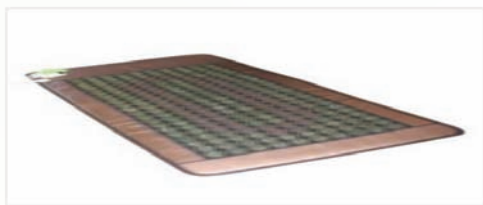
**Size 80"x 40" x1.2" (200x100x3cm) Weight 24lb (12kg)**

**Power 255W. FIR 8-14 um.**

**Negative Ion output over 1500/cc**



## Extra large mattresses.



### 1. KingMat- K014JT-Mesh

King-size mat for two persons. Controller allows separate temperature settings for each side. Made with 210 pieces of 2" tourmaline ceramic stones plus 231 pieces of 2" natural jade under mesh.

**Max temp 70°C (160°F)**

**Size 80"x 76" x1.2" (200x190x3cm) Weight 36lb (18kg)**

**Power 510W.. FIR 8-14 um.**

**Negative Ion output over 700/cc**

### 2. QueenMat- Q014JT-Mesh

Queen-size mat for two persons. Controller allows separate temperature settings for each side. Made with 160 pieces of 2" tourmaline ceramic stones plus 160 pieces of 2" natural jade under mesh.

**Max temp 70°C (160°F)**

**Size 80"x 60" x1.2" (200x150x3cm) Weight 28lb (14kg)**

**Power 370W. FIR 8-14 um.**

**Negative Ion output over 700/cc**

### 2. KingMat-K019JT

King-size mat for two persons. Controller allows separate temperature settings for each side. Made with 2159 pieces of 1" tourmaline ceramic stones plus 441 pieces of 1" natural jade in form of Chinese word Wellness (Health) or Symbol of Yin and Yang forces .

**Max temp 70°C (160°F)**

**Size 80"x 76" x1.2" (200x190x3cm) Weight 50lb (25kg)**

**Power 510W. FIR 8-14 um.**

**Negative Ion output over 1500/cc**



## Normal form pad/mat with Photon light

### 1. SoftPad-07Clay-PH

Medium-soft pad. Can be used under or on top of the body. Made of yellow clay (mud) with jade powder and 12 Photon lights.

**Max temp 60°C (140°F)**

**Size 37"x 18"x 1.2" (92x45x3cm).**

**Weight 12 lb (6 kg).**

**Power 120W. FIR 8-14 um.**

**Negative Ion output over 700/cc.**

**Photon light 660 nm.**



### 2. SoftPad-055A-PH

Medium-soft pad. Can be used under or on top of the body.

Made with natural amethyst stones and 12 Photon lights.

**Size 37"x 18"x 1.2" (92x45x3cm).**

**Weight 14 lb (7 kg).**

**Power 120W. FIR 8-14 um.**

**Negative Ion output over 700/cc.**

**Photon light 660 nm.**



### 3. FullMat-015JT-PH

Full body Mat. Made with 108 pieces of 1" tourmaline ceramic plus 99 pieces of 1" natural jade and 36 Photon lights.

**Size 60"x 24"x 1.2" (150x60x3cm)**

**Weight 12 lb (6kg)**

**Power 230W. FIR 8-14 um**

**Negative Ion output over 700/cc. Photon light 660 nm.**





# HealthyLine

## NATURAL STONE HEATING THERAPY

contact us:

[www.Healthyline.com](http://www.Healthyline.com) | [info@healthyline.com](mailto:info@healthyline.com)

HealthyLine is not responsible for misprints or typographical errors. All pictures are for reference only. Please check [www.HealthyLine.com](http://www.HealthyLine.com) for the latest update and actual pictures.

